

# Life Applications

## Why Can't I Stand being Me?

1 John 3:1-3/ Rom 5:7-11 11 May 2014

What big thing does "love your neighbor as yourself" assume? If you don't love yourself how much can you love your neighbor? (Matt 22:36-40)

If you don't love yourself what does that say about your relationship with God and others? (Eph 5:28-29)

How does loving yourself coexist with the biblical truth that the human heart is desperately wicked? (Jeremiah 17:9)

How much potential do you think you have wasted because your view of yourself was too low? How is this different than the world's self-help programs? (Phil 4:11-13)

How is honest self-appraisal less self-focused than too high or too low self-esteem? How is the Lord honored in that honesty? (Rom 12:3)

How do (or should) fellow believers help you keep a healthy view of yourself?

How well do you think you are doing at seeing yourself as you really are?