

Life Applications

Perfectionitis: Symptoms & Healing

Matthew 11:28-30, Hebrews 4:9-11

18 May 2014

In the Matthew passage above, what are Jesus' listeners weary and burdened about? What are you weary and burdened with?

In the Hebrews passage above, what does rest mean? Why did the Israelites refuse the rest (Numbers 14:1-4)? Why are we afraid to go to that place, that is, leaving self-reliance and instead, trusting that Christ is all we need?

Have you experienced God's rest at some level?

How is it different than life without it?

How was Jesus imperfect in the world's eyes (Matt 12:1-2; 13:53-58; Jn 7:40-44)?

How did Jesus change the definition of perfect with His life and death (1 Cor 1:22-25)?

Why do we naturally gravitate to the world's definition of perfect?

How is our perfect different than Jesus' perfect (Mt 5:48)?

List some of your perfections that are keeping you from attaining Jesus' perfection (e.g. the religious leaders of Jesus day)?