**Jesus My Soul Food** 05 Jan 2025

Jn 6:47-51

QUESTIONS

God has always provided sustenance for humans: Garden of Eden, Tree of Life, Manna & Quail & Water, Milk & Honey, Bread & Wine of Communion. How does God’s intention toward us seem; wrathful, angry, loving, gracious, caring?

We are statistically more likely to die of over-nutrition than under-nutrition; we won, right? Why does a full belly not assure a full heart? See **Haggai 1:5-6**.

We can only eat so far in advance of our needs. We need something every day (daily bread). How do you feed your soul on a regular basis? What is your spiritual practice? How consistent are you? See **Psalm 25:4-5**.

How has Jesus sustained you? Is He your Food? Do you have a prayer journal where you record the Bread of Life keeping you going? See **2 Corinthians 1:8-11**.

The disciples had passed out the bread on the mountain before Jesus called Himself the Bread of Life. How are you passing out the Bread of Life? How are you blessing others with what Jesus has blessed you with?